



First Half February 2025 Newsletter

Be sure to read about your fellow North Kansas City businesses and other important news.

- **North Kansas City Hospital/Meritas Health February Health Activities**
- **North Kansas City School District No-Tax Bond Issue**
- **Verimore Bank expands by acquiring Clay County Savings**
- **Three North Kansas City businesses among Top 20 Employee Owned**
- **Life Unlimited Charity 5K and 1-Mile Walk on Snake Saturday, March 15th**
- **Get Ready for the Mickey Finn Scholarship Golf Classic**
- **Streamline Print & Design hosted January 29th Northland Coffee Connect**

North Kansas City Hospital/Meritas Health February Health Activities

Here are some opportunities to learn more and do more about good health, provided by North Kansas City Hospital/Meritas Health.

FEBRUARY 2025 CALENDAR OF EVENTS

MATTERS OF THE HEART: UNDERSTANDING CARDIOVASCULAR HEALTH AND WELLNESS

Tues., Feb. 4, Noon-1 p.m. Virtual Heart health is essential but understanding it can be challenging. Discover common cardiovascular conditions and gain insights on diagnostic tools and procedures. Presented by Heath Wilt, DO, Meritas Health Cardiology. FREE. Register at nkch.org/Class or call 816.691.1690.

CHRONIC DISEASE SELF-MANAGEMENT PROGRAM

Thurs., Feb. 20, 1-2 p.m. Virtual This evidence-based 7-week program is for individuals living with one or more chronic conditions and their caregivers. It is designed to address health issues that cut across different chronic illnesses such as arthritis, depression, diabetes, fibromyalgia, heart disease and more. Presented by Bre Kimberling, RN, BSN, CMSRN, and Jody Brockman, RN, CMSRN. FREE. Register at nkch.org/Class or call 816.691.1690.

HER HEART MATTERS: WOMEN AND HEART DISEASE

Wed., Feb. 26, Noon-1 p.m. Virtual Join us for a class designed to empower women with the knowledge and tools to protect their heart health. With heart disease being the leading cause of death for women, this class will focus on recognizing unique risk factors, adopting heart-healthy habits and taking action

to prevent heart disease. Presented by Michelle Lane, RN, BSN, MSN. FREE. Register at nkch.org/Class or call 816.691.1690.

CPR CLASSES CPR - IN-PERSON BASIC LIFE SUPPORT (BLS)

Thurs., Feb. 6, 5-8 p.m. North Kansas City Hospital, Pavillon, Barry Room, 1st Floor, 2700 Clay Edwards Dr. 1 The AHA's BLS Course is designed for healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-facility and pre-hospital settings. \$75. Register at nkch.org/Class or call 816.691.1690.

CPR - IN-PERSON FAMILY AND FRIENDS

Thurs., Feb. 20, 5-7 p.m. North Kansas City Hospital, Pavillon, Barry Room, 1st Floor, 2700 Clay Edwards Dr. Learn hands-only CPR skills and AED use. This course covers choking management, adult/child/infant CPR and AED. It is ideal for new or expecting parents, grandparents or anyone watching over children. \$25. Register at nkch.org/Class or call 816.691.1690.

HEALTH SCREENINGS FASTING LIPID, BLOOD SUGAR AND BLOOD PRESSURE SCREENINGS

Tues., Feb. 11, 8-11:45 a.m. North Kansas City Hospital, Professional Building, Suites 340 and 345, 2800 Clay Edwards Dr. Fasting for 8 hours is preferred. Registration required. FREE. Register at nkch.org/Class or call 816.691.1690. Thurs., Feb. 13, 7:55-10:00 a.m. Gladstone Community Center, 6901 N. Holmes St. Register for the 7:55 a.m. time slot for optional \$10 A1C testing. FREE. Register at nkch.org/Class or call 816.691.1690. Contact: Hayden Ward at 816.691.3069 or hayden.ward@nkch.org For more information and a full listing of our calendar of events, visit: nkch.org/Class

North Kansas City School District No-Tax Bond Issue

If you live in the North Kansas City School District you need to read this:

NKC Schools has placed a **\$175 million NO TAX INCREASE bond package** on the April 8, 2025, ballot for voter consideration. This bond package includes several significant investments in our district facilities:

- Performing Arts Centers added at Oak Park and Winnetonka High Schools
- Significant improvements at Northgate and New Mark Middle Schools
- Major renovations at Oakwood Manor Elementary School (our last grade school with a "Gymacaferorium!")
- Purchase of the Northland Innovation Center in Gladstone for additional academic programming and to save funds by owning instead of leasing
- Replacement of rooftop air conditioning units districtwide



EVERY STUDENT EVERY STAGE

North Kansas City Schools serves nearly 22,000 students and their families – and we're growing! To ensure every student has access to world-class learning opportunities from preschool to graduation, we're proposing vital building upgrades districtwide. These plans are based directly on feedback from our community. Thank you!

On April 8, we'll ask voters to consider a **\$175 million zero tax increase bond issue** to make these improvements a reality.




Fine & Performing Arts Renovations

New performing arts additions to Oak Park and Winnetonka will expand opportunities for students in several areas, including theater, choir, band, orchestra, and more. The new PAC will also serve as a hub for feeder pattern events, providing a common space that welcomes all future Northmen and Griffins.






Major Renovations at Middle Schools

Extensive renovations will improve and update Northgate and New Mark Middle Schools. Expanded spaces will support better traffic flow and ease crowding. Renovations throughout the buildings will improve many aspects of the middle school experience for our 7th and 8th grade students.






& More!

Big upgrades are coming! Oakwood Manor will get a brand-new gym, plus updated finishes throughout the school. Phase one also includes new storage facilities, maintenance projects, and plans to purchase the Northland Innovation Center, saving funds long-term.



ZERO TAX INCREASE

VOTE APRIL 8, 2025

nkschools.org/bond

Information Provided and Paid for by North Kansas City Schools, 2000 NE 49th St., Kansas City, MO, 64133. Superintendent: Dr. Rochel Daniels.

Verimore Bank expands by acquiring Clay County Savings Bank

Verimore Bank plans to boost its presence in Kansas City's Northland through the acquisition of Clay County Savings Bank. [Home | Verimore Bank](#)

The merger requires approval from bank regulators and shareholders of the holding companies for both banks.

Brookfield-based Verimore Bank, known as First Missouri Bank until 2022, had about \$450 million in assets at the end of the third quarter. After the merger, it will have about \$600 million in assets and the second-largest branch network in Clay County, with five locations.

"We are thrilled to welcome the customers and employees of Clay County Savings Bank to the Verimore Bank family," Verimore CEO Kristie Stuewe said in a release. "This merger represents a significant step forward in our growth strategy, allowing us to better serve our community with enhanced services and greater convenience. Both are locally owned community banks, and we are excited about our aligned cultures and mission."

Three North Kansas City businesses among Top 20 Employee-Owned

Three North Kansas City businesses were among Top 20 Employee-Owned businesses: Garney Construction #3 [Garney Construction](#), McConnell & Associates #17 [Sports Construction & Commercial Paving Contractor | MAC](#) and MegaKC #19 [Home - MegaKC](#).

All three are in the construction industry of one type or another. Garney is one of the largest construction firms in the water, sewer and wastewater construction industry. McConnell describes itself as “The Midwest’s trusted commercial paving and sports construction experts.” MegaKC works with public and private entities throughout the Greater Kansas City metro area on a variety of project types, including design-build.

Life Unlimited Charity 5K and 1-Mile Walk on Snake Saturday, March 15th

Join us on Saturday, March 15, 2025, at 8 a.m. for the inaugural Life Unlimited 5K & 1-Mile Walk, held in partnership with the Snake Saturday Parade in downtown North Kansas City.

We invite **North Kansas City businesses** to help support Life Unlimited's mission to empower adults with disabilities by getting involved as race sponsors. Sponsorships include **complimentary race registrations**, providing an excellent opportunity for businesses to engage their teams and customers while supporting a meaningful cause. **As a sponsor, your business will play a key role in shaping this community-focused event while highlighting your brand to an engaged audience of race participants, parade-goers, and community members at one of North Kansas City’s largest events.**

Race participants will enjoy a memorable race day experience, including a custom finisher medal, free race photos, a soft, unisex tri-blend shirt, a complimentary craft beer from a local brewery on the rooftop, and discounts and giveaways from generous sponsors.

To learn more about sponsorship opportunities and benefits, visit our sponsor webpage at lifeunlimitedinc.org/race-sponsor or register as an individual for the race [here](#).

By joining as a sponsor, volunteer, or runner, you’ll help us create a memorable event and further our mission of building a more inclusive community.



[Life Unlimited 5K & 1 Mile Walk - RunSignup](#)

Race for a Cause: Supporting Unlimited Possibilities on Snake Saturday! Join us on Saturday, March 15, 2025, at 8:00 a.m. for the inaugural Life Unlimited 5K & 1-Mile Walk! This exciting event is held in partnership with the Snake Saturday Parade in downtown North Kansas City, MO.

Get ready for the Mickey Finn Scholarship Golf Classic

The annual Mickey Finn Scholarship Golf Classic at Tiffany Greens Golf Club is scheduled for **Thursday, June 5**. Please block off that date so you can be available to participate.

To help you get ready for that fun event the North Kansas City Business Council is organizing a new event at T-Shotz. Date, time, cost and more details to be announced soon. This will be a fun, team-building event for any North Kansas City Business Council member business, whether you plan to participate in the June 5th event or not. Requirement for participation: like to eat, like to enjoy fun activity with others. Note: golf expertise NOT REQUIRED.

Streamline Print & Design hosted January 29th Northland Coffee Connect

Peter Decker and other associates at Streamline Print & Design shared the remarkable history of this 12-year-old business which now calls North Kansas City home at 716 E 16th Ave at the January 29 Northland Coffee Connect. They also provided an interesting tour of their state-of-the-art large scale printing equipment and their multi-vehicle bay where they can apply wraps to vehicles as large as 53 foot semi-trailers. [Streamline Print & Design – Printing, Signs, Vehicle Graphics](#)

Note: Only North Kansas City Business Council member businesses will be featured in these enewsletters, although the distribution goes to ALL businesses to get more attention for the featured businesses. Whenever any member business is mentioned, I will also include the website address of that business so readers can inquire further about your business if they are interested.

Rich

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